

CONNECTICUT KENPO KARATE SCHOOL  
**DRAGONS**  
BROWN TO RED

**RED TIP #1:** (3 Month Min from start) Instructor Approval Signature & Date

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**Self-Defense Techniques**

- |  |   |
|--|---|
| <input type="checkbox"/> Japanese Strangle Hold "A.B.C." | <input type="checkbox"/> Bridge               |
| <input type="checkbox"/> Blocking The Kick "A.B."        | <input type="checkbox"/> Opponent's At Sides  |
| <input type="checkbox"/> Crashing Elbows                 | <input type="checkbox"/> Flowing Hands        |
| <input type="checkbox"/> Breaking The Cross              | <input type="checkbox"/> Crash Of The Eagle   |
| <input type="checkbox"/> Kimono Grab                     | <input type="checkbox"/> Shackle Break "A.B." |

**Kata**

- Chinese Form 4

**RED TIP #2:** (3 Month Min from 1<sup>st</sup> stripe) Instructor Approval Signature & Date

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**Self-Defense Techniques**

- |   |   |
|---|---|
| <input type="checkbox"/> Drawbridge "A-B"   | <input type="checkbox"/> Clawing Panther    |
| <input type="checkbox"/> Darkness           | <input type="checkbox"/> Thundering Hammers |
| <input type="checkbox"/> Bending Limb       | <input type="checkbox"/> Spear Of Jade      |
| <input type="checkbox"/> Two Headed Serpent | <input type="checkbox"/> Missing The Leap   |
| <input type="checkbox"/> Darting Serpent    | <input type="checkbox"/> Water Wheel        |

**Kata**

- Mass Attack  
 Start Developing Original Black Belt Weapons Kata (Minimum Of 20 Elements)

**Creed**

- Creed: All C.K.K.S. Student Creeds.

**BLACK TIP:** (2 Month Min from 2<sup>nd</sup> stripe) Instructor Approval Signature & Date

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1. Demonstrate all the above information with confidence and proficiency.
2. Demonstrate all lower belt material and recite student creeds.
3. Will assist instructor in class when called upon to do so.
4. Has a positive attitude and presents him or herself as a Leader at all times.

**Student's Name** \_\_\_\_\_ **Date Started Level** \_\_\_\_\_ .